



Sunday 8<sup>th</sup> December 2020

Dear Parent/Carer,

I am writing to inform you that an individual in your child's year group has tested positive for coronavirus (COVID-19) and is now self-isolating.

We have followed the national guidance and have identified that your child has been in close contact with the individual who has tested positive.

**In line with the national guidance, your child must stay at home and self-isolate for 14 days from the last possible contact with the confirmed case. They can return to their normal routine on Saturday 21<sup>st</sup> November.**

**Self-isolation means your child must stay at home and not leave the house.**

They must not: go out to meet friends, go in the car to pick up brothers or sisters, go to the shops, go to a place of worship or mix with any family or friends who live in a different household.

They must follow national guidance: [Guidance for contacts of people with confirmed coronavirus \(COVID-19\) infection who do not live with the person](#)

If your child is well at the end of the 14-day period of self-isolation, then they can return to their normal routine.

There is no requirement for other members of your household to self-isolate unless someone in your household starts to develop symptoms.

### **What to do if your child develops symptoms of COVID-19**

For most people, coronavirus (COVID-19) will be a mild illness. **If your child does become unwell with a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), you must arrange for them to have a test to see if they have COVID-19.**

Tests can be booked via [www.nhs.uk/ask-for-a-coronavirus-test](http://www.nhs.uk/ask-for-a-coronavirus-test) or by phoning 119. If anyone else in your household develops any of these symptoms then they must also have a test. **Please inform the school of any positive results immediately.**

People who do not have symptoms should not book a test unless this has been specifically requested by Public Health England or the local authority.

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. The 14-day period starts from the day when the first person in the house became ill.

If you are concerned about your child's symptoms or they are worsening, you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

If someone in your household develops symptoms, all members of the household should not go to work, school or public areas. Exercise should only be taken within the home. If you require help with buying groceries



or picking up medication you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the risk of the household passing it on to others in the community. Please see the [PHE 'Stay at Home' Guidance for further information](#).

If you can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home to stay with friends or family for the duration of the home isolation period.

### **How to stop COVID-19 spreading**

There are a number of things you can do to help reduce the risk of you and anyone you live with catching COVID-19:

- Wash your hands with soap and water often – do this for at least 20 seconds .
- Use hand sanitiser gel if soap and water are not available.
- Wash your hands as soon as you get home.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
- Put used tissues in the bin immediately and wash your hands afterwards.

Further information on COVID-19 is available on the [NHS website \(COVID-19\)](#).

### **School remains safe and open**

The school remains safe and open. Because we had planned pupil groups carefully, we were able to work out quickly who may have been exposed to the virus. All pupils who have not come into close contact with the individual who has tested positive will continue to attend school as normal.

Your child's class teacher will be in touch with you to discuss your child's return to school and the relevant arrangements toward the end of the isolation period. We are committed to providing continuous education for your child and therefore learning will continue through the Tapestry medium.

If you have any concerns, please do not hesitate to contact a member of the senior leadership team who can discuss the matter further.

Thank you for your continued support.

Yours sincerely,



Mr N Riaz  
**Associate Principle**