



Culture Day 2020: Food From Around The World

This year's Culture Day will focus upon discovering the similarities and differences in cuisines from around the world! Pupils will research the food and eating cultures for a given country around the world; what is grown and produced in that country; traditional ingredients used in that country; traditional recipes created in that country; usual eating practices in that country. Pupils will reflect on their learning and consider how the culture of food compares to their own food culture. The aim of the project is for pupils to learn about the impact food has on world culture and celebrate the diverse cuisines from around the world!

Year 1 - Mexico

Tasks for Culture day.

Culture Day 2020: Food from around the world	
Intr odu ctio n	<p>Introducing Mexico Watch the video by clicking the link to find out some facts about Mexico. https://www.youtube.com/watch?v=7tWAGdBbMRQ</p> <p>Draw the Mexican flag. Click on this link to see how the flag looks https://www.bing.com/images/search?view=detailV2&ccid=%2bzPPy%2f4A&id=09C9A541BA526D83D5C4A04B93D17D5C893D7F38&thid=OIP.-zPPy_4A9e3S0tCQU8uzowHaEO&mediaurl=https%3a%2f%2fcmqstatesmanaustin.files.wordpress.com%2f2015%2f06%2fflag_of_mexico_reverse.png&exph=571&expw=1000&q=mexican+flag&simid=608011796586302992&selectedIndex=1&ajaxhist=0</p>
Tas k 1	<p>Research task In this task, you will research Mexican food. Watch the following video about top ten Mexican foods. https://www.youtube.com/watch?v=hvF5wWChxbk</p> <p>Find out what they eat for breakfast from this link? https://www.tripsavvy.com/breakfasts-in-mexico-1588807</p> <p>Find out all about typical Mexican family food: https://donacholita.com.au/typical-mexican-family-food/</p> <p>Watch the video about an indigenous Mexican family from 10.00 onwards https://www.youtube.com/watch?v=C4SrUigr7xA</p> <p>What do you notice about how they are making their food? Who is taking part in making the food?</p> <p>Now draw a poster of all the different Mexican foods you have found out about. If you need help drawing, use this link to draw a taco: https://www.youtube.com/watch?v=OGAswGL4mWE</p>

Task 2	<p style="text-align: center;"><u>Recipe Task</u></p> <p>Have a go at making a Mexican dish! Here is an easy recipe for Enchiladas: https://www.youtube.com/watch?v=3N2lclDNB6o</p> <p>Or even easier why not make some Nachos: https://www.youtube.com/watch?v=GIE6WLqxz_c</p>
Task 3	<p style="text-align: center;"><u>Dining experience task</u></p> <p>Why not set your kitchen table up with decorations like it would be in a Mexican household; cook and share the meal you have created with your family; learn to use your countries eating utensils (if they are different). What food do Mexicans eat? Look at these recipes, what would you want to make?</p> <ol style="list-style-type: none"> 1. https://www.bbcgoodfood.com/recipes/mexican-fiesta-rice 2. https://www.bbcgoodfood.com/recipes/easy-chicken-fajitas 3. https://www.bbcgoodfood.com/recipes/black-bean-tostadas-avocado-salsa 4. https://www.bbcgoodfood.com/recipes/shredded-beef-chilli-taco-bowls 5. https://www.bbcgoodfood.com/recipes/smoky-veggie-nachos 6. https://www.bbcgoodfood.com/recipes/red-cabbage-pickled-chilli-slaw 
Task 4	<p><i>Comparison/Reflection task (then add more details)</i></p> <p>Think about what you have learnt about Mexico today. With a family member answer these questions. What did you like about Mexico? What did you not like about Mexico? What interesting fact did you learn? How is Mexico different to England? How is Mexico similar to England?</p>

Extra things you can do

1. Visit an on-line art exhibit or a museum website dedicated to other cultures.
<https://www.mexicanist.com/l/virtual-museums/>
2. Learn about another religion
3. Listen to a musical tradition from a different culture
https://www.youtube.com/watch?v=RhKj1lqg_5o
4. Play a sport-related to a different culture (Karate, Cricket, Pétanque...) and take pictures to show your teacher and friends
5. Get a grownup to help you cook a traditional dish from your selected culture
6. Learn about traditional celebrations from other cultures
7. Learn another language- <https://www.youtube.com/watch?v=8yuiUvi568I>
8. Spread the word around you, family, friends and invite people to share your new-found customs using either social media or through a poster or a PowerPoint

Children can record their outcomes using a variety of different mediums, they could use photographs, videos, write reviews of what the different culture food tasted like, other short pieces of writing, pieces of art etc.

They can share this on Purple Mash with their class!